## **Medication Guidelines**

Parents that have signed/notarized the Chorus OTC permission slip do NOT need to send any of those OTC meds that we carry in our bus boxes. We would prefer to limit the number of duplicate individual bottles that the Chorus has to carry and administer during the trip.

Students with SY 10-11 Inhaler and Epinephrine Auth forms in my office may carry, and, use these emergency meds independently on this trip.

All other medications must <u>each</u> be accompanied by an appropriately signed Medication Authorization form (or newly signed Inhaler Auth or Epinephrine Auth forms). These forms can be found at <a href="http://www.fcps.edu/index.shtml">http://www.fcps.edu/index.shtml</a>, under the left side tab 'FORMS', and printed out.

- 1. Parents complete and sign Part 1 for ALL medication authorizations.
- 2. Prescription medicine normally given at home must have Part 2 of the auth form completed and signed by the prescribing doctor (except for antibiotics). This includes birth control (which the girl may NOT carry in her luggage.
- 3. All other Over The Counter (OTC) medicine must have Part 2 completed and signed by the parent. This includes nutritional supplements and vitamins, etc.
- 4. **All medication must be in original, UNEXPIRED bottles** or have the medicine name, dosage and expiration date on the foil or shrink wrap. **No baggies/pill containers of medicine will be accepted at check in.**
- 5. Put all of your child's medicine in a large zip lock bag with their name on it. All the forms should be inside with each medicine.

Why do we need a form for each medicine? It gives the person administering the medicine CLEAR instructions on how much and when to give it. The person administering the medicine can use this form to note when each dose was given so that the parent will have a record of what was done on the trip.

No medicine will be accepted for a trip without proper documentation or packaging.

No student may self administer ANY medication – except for current school year FCPS documented Inhalers and Epipens.

Regular cough drops (non medicated), sunscreen, saline nasal spray, contact solution and un-medicated wetting drops are <u>not</u> considered medications and may be carried and used by the students. THEY MAY NOT SHARE THESE WITH OTHER STUDENTS!

Mary E. La Valley

**School Health Aide** 703-715**-4612 (desk)** 703-715-4609 (fax)